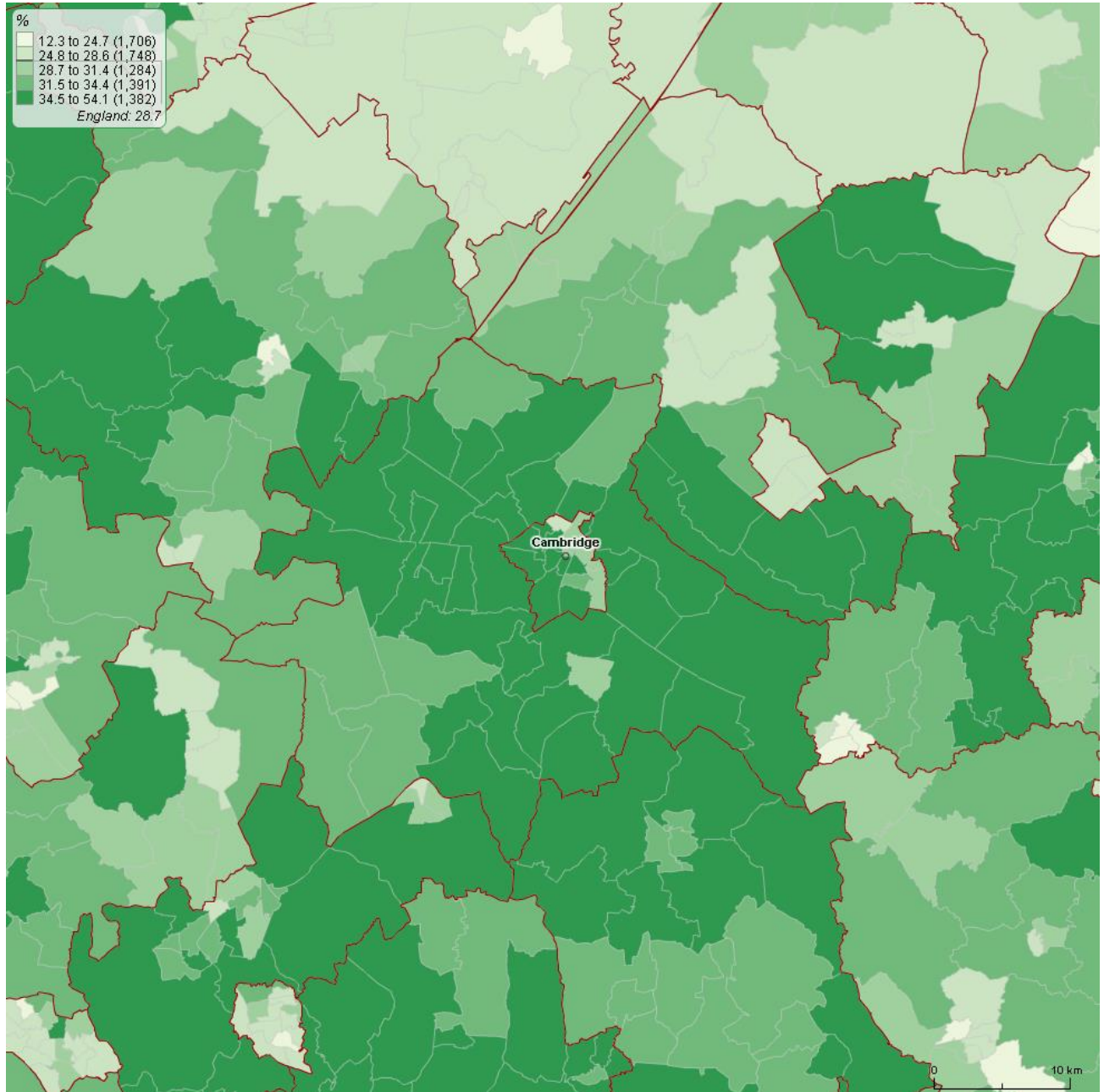


Appendix 1

Percentage of the population aged 16+ that consumes 5 or more portions of fruit and veg per day, modelled estimate, 2006-2008. Source Public Health England, NHS IC © Copyright 2010



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Healthy eating is defined as those who consume 5 or more portions of fruit and vegetables per day. A portion is defined as an 80g serving.

The methodology for the MSOA-level estimates is available at <http://www.localhealth.org.uk/Spreadsheets/HealthyLifestyleBehavioursModelBasedEstimateforMSOAs.pdf>.